

24, 48 and 72 hours
at Costa Daurada



COSTA DAURADA



The interior of the cloister of the monastery of Santes Creus

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● 24 hours ● 48 hours ● 72 hours

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Dive into the Costa Daurada



70 beaches await you on the Costa Daurada

© Jose Carlos León

24 hours

48 hours



Sixty beaches await you on the Costa Daurada so you can enjoy a unique summer. Let the finest sand slip through your fingers and enjoy the sea breeze while the sun caresses you as long as you want. And don't forget to take a dip, because the waters of the Costa Daurada are warm, transparent and become the best proposal for you to enjoy a fabulous summer. 😊

In the heart of the Costa Daurada we suggest a stroll through the interior of Parc Samà, a paradise next to Cambrils that reminds us of the tropics. The extensive garden, with a forest, a lake and a mansion, presents an extraordinary botanical collection with many exotic species. In addition, the entire architectural complex is a mixture of modernism and romanticism.

Finally, we suggest that you visit the maritime façade of Cambrils. Stroll along its promenade, whet your appetite and take advantage of the fact that you are in the gastronomic capital of the Costa Daurada. You have a great opportunity to discover its great culinary offer, from the innovation of Michelin Star restaurants to the traditional seafood cuisine where oil and fish are truly local.

Discover Parc Samà



In the Parc Samà of Cambrils and also in some beaches of the Costa Daurada it is allowed for you to take your dog



From North to South and from East to West or the other way around. Whatever your route, in Cambrils, the little train will take you all around the village. Follow the yellow silhouette of the little train and discover the most beautiful corners of the city.

Kayak, scuba diving, sport fishing with the family. The warm and calm waters of the Mediterranean allow you to enjoy a great variety of nautical activities. Nàutic Parc makes it easy for you and offers different proposals for you to give free rein to all your maritime passions.

The Romans also settled in Cambrils. Their Roman villa of La Llosa preserves a site that you can visit through the dramatised guided tours - you're sure to like them!

2 Live PortAventura World!



Up to eight loopings on the Dragon Kahn!

© PortAventura World



If you're a motor enthusiast, all you have to do is choose between an electric motor or a combustion motor. Release adrenaline by driving a go-kart that you will find in the two go-karts circuits in Salou.



Want to freshen up? You can choose between the long, fine sandy beaches of the Costa Daurada or unwind in a quieter cove, where the pines seem to want to penetrate the warm waters of the Mediterranean. You can also enjoy a refreshing and fun summer at Caribe Aquatic Park.

24 hours

48 hours

72 hours

Are you ready? Let's go! One, two, three and even eight loopings in a Dragon Kahn car at 110 kilometres per hour! Can you imagine, or don't you know PortAventura Park yet?

Do you want to discover a fantasy world? We invite you to get on the train at SésamoAventura station for a unique experience at PortAventura Park. The little ones will have a great time in the fun Waikiki chairs that twirl sinuously in the blue sky of the Costa Daurada.

If you are passionate about speed and your heart speeds up as soon as you hear an engine roar, at Ferrari Land you'll find your natural habitat and you'll enjoy your enthusiasm for an engine's cylinders to the fullest. Visit the Red Force, which propels you at 180 kilometres per hour in... five seconds! Impressive, isn't it? But if you really want to run out of breath, we challenge you to overcome the freefall from the Thrill Towers.



Sésamo Aventura for the little ones



Maximum speed, rampant passions

PortAventura World is the ideal setting for a great family vacation



Hail Caesar!



Expand this experience with **6**

25 arches that show the grandiosity of the Pont del Diable

© Jose Carlos León



GR-92: Leaving Miracle beach we invite you to discover the maritime façade of Tarraco along the “camí de ronda”, a path that borders the coast and enters the “Bosc de la Marquesa” to introduce you, one by one, to the different beaches and coves that Tarragona has. If you like the sea, follow the coast in a kayak.



In the Part Alta you will find many restaurants, bars and other places integrated in buildings full of stories. Locals that have taken advantage of the vaults and other elements of the Roman circus of Tarraco, but also Gothic arches or other traces of the history of the city. Here you will discover squares and piazzas with a heart of their own that beats in every corner. Choose the menu you like best!

48 hours



From the Ferreres aqueduct, popularly known as the Pont del Diable (Devil's Bridge), you can get an idea of the immensity of the Roman Empire. The infrastructure, made up of 25 arches, allowed the water to reach the capital, Tarraco.

Would you like to know what ancient Tarraco looked like? Begin your journey in time at the Volta del Pallol. Just inside the ancient Roman walls at the Portal del Roser, you'll find a large scale model of the town in Roman times. Don't miss the spectacular video mapping, where you can discover the origin and evolution of the town and also some of its most impressive monuments: the Circus, the Amphitheatre and the Temple of Augustus.

From here, you can begin your walking tour of living history: starting with the Amphitheatre.

And from the underground to the heights. On the terrace of the Torre de Pilats, in the Roman Praetorium, you will enjoy a unique view of the city, practically from a bird's eye view.

Tradition has it that touching wood serves to chase away bad luck. In Tarragona, the expression “tocar ferro”, to touch the iron of the railing of the Balcó del Mediterrani, means your express desire to return another day to our city.



↑
Come to “tocar ferro”

Tarraco. World Heritage Site



Els Munts



Amphitheatre



Volta del Pallol



Vaults of the circus and praetorium

Sea ahead!



The route is an open door to the sea

© PWT Salou



Endless pools? You will find them at **Infinitum**, a complex located on the seafront that also has an outstanding 45-hole golf course in a unique natural environment, including lakes and Roman archaeological remains and. Can you see yourself playing there?



And to cool you off, how about some ice cream? In Salou, Cambrils, Tarragona, Roda de Berà... you can choose the best handmade ice cream parlours that make products following the traditional recipes with local ingredients. They're finger-licking!

24
hours

48
hours

72
hours



A stroll along Salou's seafront is a unique experience that you can enjoy along with the smallest members of the family. You can also opt for a longer route, following an itinerary that will offer you closer look at more than twenty spectacular scenes in the resort. Care to join us?

You can start from the Mirador de la Bocana viewpoint, near the Espigó del Moll jetty, one of the town's most iconic sights. Following the route you will come to the Pilons Monument, located right in the middle of the "mirador. From here you can enjoy some of the resort's best sunsets.

At the Mirador de Po-Roig viewpoint you'll see historic machine gun nests, relics of the Spanish Civil War. If you have children with you, don't forget to pass by the Llarga Beach viewpoint, which has a large play area. Another must-see on the route is the lighthouse. It has guided seafarers since 1858 along one of the rockiest coastlines of the Costa Daurada. 😊



Salou has modernist villas along the city's
maritime facade ↗

5

Follow the footsteps of the Iberians



Expand this experience with **8**

In Ciutadella Ibérica you can see the old constructions of the Iberians

24 hours

48 hours



Plini, Polibi or Titus Livi were the Greek and Roman writers and historians who spoke of the Iberians who inhabited the Costa Daurada between the 6th and 1st centuries AD. If you are interested in knowing how they lived and what they did, we suggest you visit Ciutadella Ibérica of Calafell, the town overlooking the sea where the Iberians lived, protected by a great fortification. The Ciutadella (citadel) has been rebuilt in recent years and now allows you to see and understand what the Iberians' houses were like, their defence towers or the tools they used to work or cook.

Not far away is El Vendrell, a town where music is the protagonist. Right on the seafront, next to Sant Salvador beach, is the summer house built by the cellist Pau Casals, where you can become a musician for the day in an immersive experience for the whole family. Will you join us?

Don't forget to taste the wines and vinegars offered by Avgvstus wineries. Train your sense of smell and enjoy the grapes that, once vinified, have captured all the essence of the Mediterranean. Try them and they will captivate you.



Enjoy with the little ones!



By the sea, all year round, you will be able to practice 'Nordic walking', a sport that arrived on the Costa Daurada to stay and that in the Baix Penedès has a very varied offer.

Pau Casals' father was an organist and pianist in El Vendrell. Inside the church of this town the baroque organ played by the master's father is preserved. Discover the Paisatge dels Genis, with the legacy of Pau Casals, in El Vendrell; Antoni Gaudí, in Reus; Joan Miró, in Mont-roig del Camp; and Pablo Picasso, in Horta de Sant Joan - the latter in Terres de l'Ebre.

The 'riuet' (stream) has always been a precious place for recovering one's health. The thermal waters that emanate in this area, on the sea shores, are ideal to treat joint pains, rheumatism and skin pathologies such as psoriasis.

Mediterranean Architectures

CELESTINI

Expand this experience with

3

Walk inside the Roc de Sant Gaietà and discover different architectural elements



Opposite the El Vendrell coast is the Masia Blanca Marine Reserve, a small paradise known for its natural biodiversity. Consult the activities at the El Vendrell Tourist Office.



On the old Sant Salvador road is Món la Bassa, an animal sanctuary with more than 300 rescue animals and at-risk species. You can visit it on Sundays to discover the new lives of these animals.

© Jose Carfós León

24 hours

The beaches of Calafell, Segur de Calafell and Estany-Mas Mel make up the magical space of Calafell's maritime façade... up to five kilometres long! So, we propose you to start the day enjoying a unique natural environment with multiple benefits for your health. Because the water in this area of the Mediterranean contains up to five times more iodine than normal. In addition, here in Calafell you will find the Biberó beach, which owes its name to the tranquillity of its waters and the softness of the slopes when you enter the sea.

At lunch time, in Passeig Marítim of Calafell you will find tasty proposals with restaurants that prepare authentic feasts overlooking the sea. If you like rice, in Calafell you must taste its famous "arrossejat", a fisherman's dish. The freshly caught fish matches perfectly with the best rice of the Delta.

Before dusk, escape to Roc de Sant Gaietà, a small fishing village created between 1964 and 1972 in Roda de Berà, where you will find an architectural mix with allegorical elements of Romanesque, Gothic and also Mudejar.



Via Augusta



The old Via Augusta passes through the Baix Penedès, the main Roman road connecting Cadiz with the Pyrenees... and Rome. Today, some of the sections of the N-340 road run above the Via Augusta. In Roda de Berà you have to visit the arch that receives the name of the town.



Six kilometres from Tarragona, and next to the Via Augusta, you will find the Torre dels Escipions. You can also visit the Roman villa of Els Munts, the amphitheatre or Centelles. All of them form part of the architectural ensemble of the Roman Tarraco, declared a World Heritage Site by UNESCO.



Sea lions and pirates



© Jose Carlos León

The interior of the Llop Marí cave is a real gem

24
hours

48
hours



In Hospitalet de l'Infant and Vall de Llors you don't have to choose between sea and mountain because you have everything. If you are looking for authentic emotions, we suggest the underwater route that will take you to the Llop Marí (sea lion) cave. You can access it by paddle surf, kayak, surf, rowing or, if you are ready, swimming. It is said that a sea lion lived inside the cave, although now you can visit it in complete tranquillity. At the back of the room there is a small cove, which is beautiful.

Hospitalet also has five population centres: Vandellòs, Masboquera and Masriudoms, in the interior, and Hospitalet de l'Infant and Almadrava, by the sea. The promenade is spectacular, with its white houses that turn this place into a beautiful postcard.

Oh! And you have to go up to the viewpoint of the Turó del Castell and discover the Centre d'Interpretació de l'Oli, where you can see how the old mill worked and how it was used by the farmers.

An oil
tasting?



The Torn beach is an authentic wonder situated in a natural setting of extraordinary beauty. The beach, 1,600 meters long, is naturist and among the natural values that you can find, the sea lily stands out. If you're lucky, you might see the golden eagle fly.

Escape to Masia Castelló, a group of abandoned houses that has been recovered thanks to the help of a group of members of an association. During the Christmas festivities, in Masía Castelló a crib is set up showing old trades such as charcoal-making. And the last weekend of August, come to the festival Rustik.

If you're a good sailor and a better gourmet, you're sure to like tuna. In Hospitalet de l'Infant and Vall de Llors, every year between May and June, the Tuna Gastronomic Days are held. The best proposal to taste a thousand and one dishes of this excellent blue fish.

Miró's Corner



Expand this experience with

5

To visit Mas Miró is to discover Joan Miró

24 hours



It is said that Joan Miró arrived in Mont-roig del Camp to be cured of an illness. And it really was like that. As a result of this, the artist created a special bond that he later transferred to all his works. Miró's emotional landscape is the Mas d'en Ferratges, a house built by the Marquises of Mont-roig del Camp and passed into the hands of the Miró family. Now you can visit it and stroll through its garden, where the eucalyptus trees are majestic. Or go into the workshop or studio where Miró created some of his great works.

In addition, you can complete your discovery of the artist's universe with the landscape that most impressed him, with an excursion to the hermitage of La Verge de la Roca, which presides over a large rock of eroded and reddish sandstone located almost three hundred metres above sea level. When you see it, it will surely impress you, as it did with Joan Miró.

Over the centuries, many artists have fallen in love with the Costa Daurada. You can discover the legacy of some of them in unique settings such as the Pau Casals Museum in El Vendrell, the Gaudí Centre in Reus, Mas Miró farm in Mont-roig del Camp and the Picasso Centre in Horta de Sant Joan, the last of these in Terres de l'Ebre.



A place to walk!

The hermitage of La Verge de la Roca you will also find the hospederia -with five rooms- and a restaurant.



Mont-roig del Camp and Miami Platja have 12 kilometres of seafont spread over eleven beaches and nine coves. Would you like a dip?

Smartphones at the ready? Discover, participate in and experience the gamified "Itinerary of the Geniuses", an interactive proposal that invites you to discover the secrets of the paintings of Joan Miró, the music of Pau Casals, the architecture of Antoni Gaudí and the art of Pablo Picasso.

Mont-roig del Camp celebrates the gastronomic days of octopus every June. In the bakeries of the village you will find the famous Mont-Rogetes, tasty biscuits made with carob flour.

Roads that talk about wine



In Priorat, the wineries offer you the chance to taste their wines. You will love them!

© Jose Carlos León



Near Falset is El Masroig, a village that preserves the archaeological site of Puig Roig, situated on top of a hill with extraordinary views of the Siurana River and the Montsant Natural Park. The site, which is at a crossroads, is one of the oldest in Catalonia and also one of the best preserved.



In Bellmunt del Priorat, for its part, you will find the Museu de les Mines. You can go down to the old galleries that were used to extract lead and contemplate the old colony where the miners who came from different parts of the geography lived.

24
hours

48
hours



In the Priorat, most roads smell of wine. A wine that is the fruit of a unique land, which for more than a thousand years has been cultivating vines that produce, in spite of the harsh weather and geological conditions, excellent grapes. On foot or by car, discovering the Priorat is a unique experience, with winding mountains where the vines struggle to remain standing and produce grapes of high alcohol content and unique characteristics.

Gratallops, Bellmunt, Escaladei, el Lloar, la Morera de Montsant, Poboleda, Porrera, Torroja del Priorat, La Vilella Baixa and Vilella Alta, los Masos de Falset or las Solanes del Molar are the wine villages of the DOQ Priorat, with cellars open to the public where you can taste intense black and spectacular white wines.

Book a visit to discover the Carthusian Monastery of Escaladei, located at the foot of the Montsant mountain range, the only Natural Park on the Costa Daurada that offers paths full of symbolism, with hermitages to be discovered, breath-taking cliffs, ravines and spectacular gorges. Are you coming to discover them?



The Priorat has the European charter for sustainable tourism

Don't say goodbye to the Priorat without following the route of the Porrera sundials. Here you will find up to fourteen sundials, most of them from the 19th century.

Tradition and Contemporaneity



Discover the immersive experiences that await you in old Vila-seca winery!



At Christmas, one of the great attractions of Vila-seca La Pineda Playa is the Belén de Arena (sand nativity), which every year since 1999, is performed by international guest artists. And for San Antonio, don't miss the horse races, an exciting experience within the framework of the Sant Antoni Cós festivities, which have been held since 1876.



The marinade, the sun and the terroir of the vineyards of Vila-seca La Pineda Platja give their wines a very special, very Mediterranean touch. Taste them at Vinyes del Terrer and Clos Barenys.

24
hours



Vila-seca's farmers entrusted the architect Pere Domènech i Roura with their most ambitious project: the construction of a winery where they could turn their grapes into wine. Building began in 1917 and three years later the first harvest came in. Will you join us in discovering it? Thanks to virtual reality, at Celler de Vila-seca, you can travel back to another time and immerse yourself in history. Are you ready to put on your virtual reality headset?

Can you imagine touring inside a 20th-century Modernist winery? Would you venture to make wine? First you have to learn to use the machinery, weigh the grapes, etc. But you can do all this and much more in the interactive museum. You can even taste the wine!

And we leave virtual reality to enter Vila-seca Castle, located next to the winery. Did you know its origins have been documented as early as the 12th century? It's true. Now it has become a jewel of the past, which proudly shows us some of the contemporary works of art from the Vila Casas Foundation.

To round off a unique visit, why not immerse yourself in the special experiences offered by Estival Park's Aquum Spa & Wellness and Gran Hotel Palas' Spalas Spa & Wellness. Two proposals to enhance your inner peace. Have you got your swimming costume at hand? 😊



A bath?

Would you like to sunbathe on the beach of La Pineda? The pines designed by Javier Mariscal are... Spectacular! In Vila-seca La Pineda Platja you will also find Aquopolis, a water park that offers you many proposals to refresh and have fun.



The castle of Vila-seca is one of the jewels to be discovered



From the orchard
to the market

Every Wednesday and Saturday, Plaça del Fòrum becomes a huge market

© Jose Carlos León

24
hours



Plaça del Fòrum, located in Tarragona, is ready every Wednesday and Saturday at 6am. At that time the farmers from Camp de Tarragona arrive to set up their stalls with the best of each season. The heart of the Upper Part of the city - the historic centre - is an anthill of people who come and go, pulling their shopping carts. Here, local citizens and tourists share scenes in a unique space, loaded with heritage and culture.

If you like markets, sign up to visit on Sunday the esplanade that joins the districts of Bonavista and Campclar. You will find everything: clothes, footwear, leather goods, costume jewellery, household goods, food, flowers and much more. We recommend you to take advantage of your stay in Bonavista to make an incursion to some of the best tapas bars in the city: bravas, croquets, anchovies, octopus, cuttlefish ... Do we whet your appetite?

Don't leave Tarragona without visiting its cathedral. During the tour, keep your eyes open. Did you know that this gothic jewel has up to three thousand inscriptions of the letter Tau on its walls? It belongs to the Greek alphabet and the letter is associated with Santa Tecla, patron saint of the people of Tarragona. In the subsoil of the temple are preserved the remains of the ancient temple dedicated to Caesar Augustus. You can also climb the bell tower, get to know some details of the nineteen bells and admire "La Capona", the bell that stands out and that has a special protagonism. Since 1509 it gives the hours to the people from Tarragona.



Did you
know?

In the cathedral of Tarragona, bells have been placed from 1250 to 1867.



From the upper part of the city, to the lower part. Come to Serrallo, the fishing district of Tarragona, and savour the best proposals of the fishermen's cuisine.



Following the market route, don't miss Tarragona's Central Market, a modernist jewel where you can eat and buy the best ingredients of the Mediterranean cuisine.



In the Costa Daurada you will always find a moment to stop and enjoy good tapas paired with artisan beers. We recommend it!

12

The charm of a haunted villa



Visit Altafulla and discover its secrets

© Jose Carlos León



If you like to follow in the footsteps of history, follow the route of the Gaià castles that were built following the course of the river. In the Catllar there is an interpretation centre where you will be able to discover stories that were the protagonists of nobles and knights.



Natural therapies to heal the body and mind. In Hort de la Sínia they offer you healthy treatments. The space is also ideal for spending the day in a unique natural environment.

24 hours

48 hours



They say that the historic centre of Altafulla is a magical, haunted place. It has also been perfectly preserved since the 18th century. Visit it! Inside you will discover stately homes with Renaissance and Baroque façades and its castle.

The Torredembarra Lighthouse opens its doors for you to enjoy a very different perspective of the Costa Daurada and capture magical snapshots. It rises 58 metres above sea level and its light can be seen from 20 miles away.

If you like nature in its pure state, we recommend the beach of Els Muntanyans, a unique paradise of two kilometres. It is a haven of peace for birds and many protected plant species. In Torredembarra you will also find a historic centre of great beauty, with unique monuments such as the current Town Hall, which is a jewel of the Renaissance.



The Roman villa of Els Munts, in Altafulla, preserves some of the treasures built by its residents. Follow the remains of the fountain and cistern that were built by order of Caius Valerius Avitus and his wife Faustina. There are theatrical visits.

On the banks of the Muntanyans beach you can enjoy a unique natural environment, and at the top of the Torredembarra lighthouse you can see postcard sunsets.



Ora et labora

Expand this experience with

17

A wall still preserves part of the monastic complex

© Jose Carlos León

24 hours

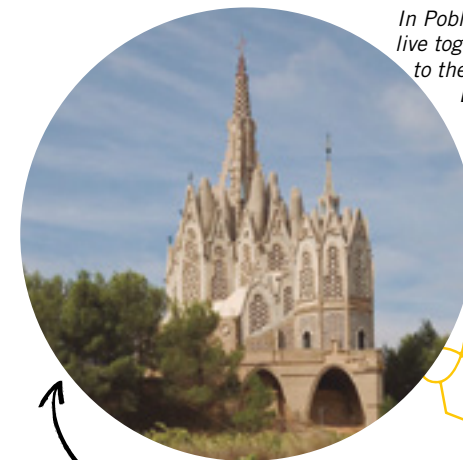
48 hours



The monasteries of the Cistercian Route are full of stories of kings and queens, but also of abbots and monks who during the Middle Ages took on a special role in the history of the country. Their influence and the royal support they received led to the construction of monasteries, with large rooms that are true jewels of Romanesque and Gothic architecture.

The Monastery of Santa María de Poblet, which is inhabited by some thirty monks, stands majestically at the foot of the Prades mountains. It is a UNESCO World Heritage Site and preserves the same structure as when it was built. Inside the church, the royal tombs of the Catalan monarchs are preserved. The dormitories of the monks or the cloister will surely amaze you. Next to the monastery, you will find the Bosc de Poblet, a natural jewel historically guarded by the monks and that now invites you to discover it through its trails and paths.

Santes Creus is also a unique monastery. Of all its monastic complex, the most exceptional place is the Gothic cloister, the work of Reinard des Fonoll. Here you will find sculpted birds, mermaids, warriors and even musicians. The set preserves inside the church the tomb of Pere the Great.



In Poblet thirty monks live together according to the rule of Saint Benedict

Did you know?

Escape to Montferri and discover the sanctuary that Josep Maria Jujol built in homage to the Virgin of Montserrat. It is a modernist jewel in the shape of a boat, oriented towards the Catalan sacred mountain.



Valls is the starting point of the human castles. Visit the Plaça del Blat and discover the place where this unique tradition was born. And next to this magical place, you will find Món Casteller, the museum of the 'castellers' (human towers), who are also Intangible World Heritage.

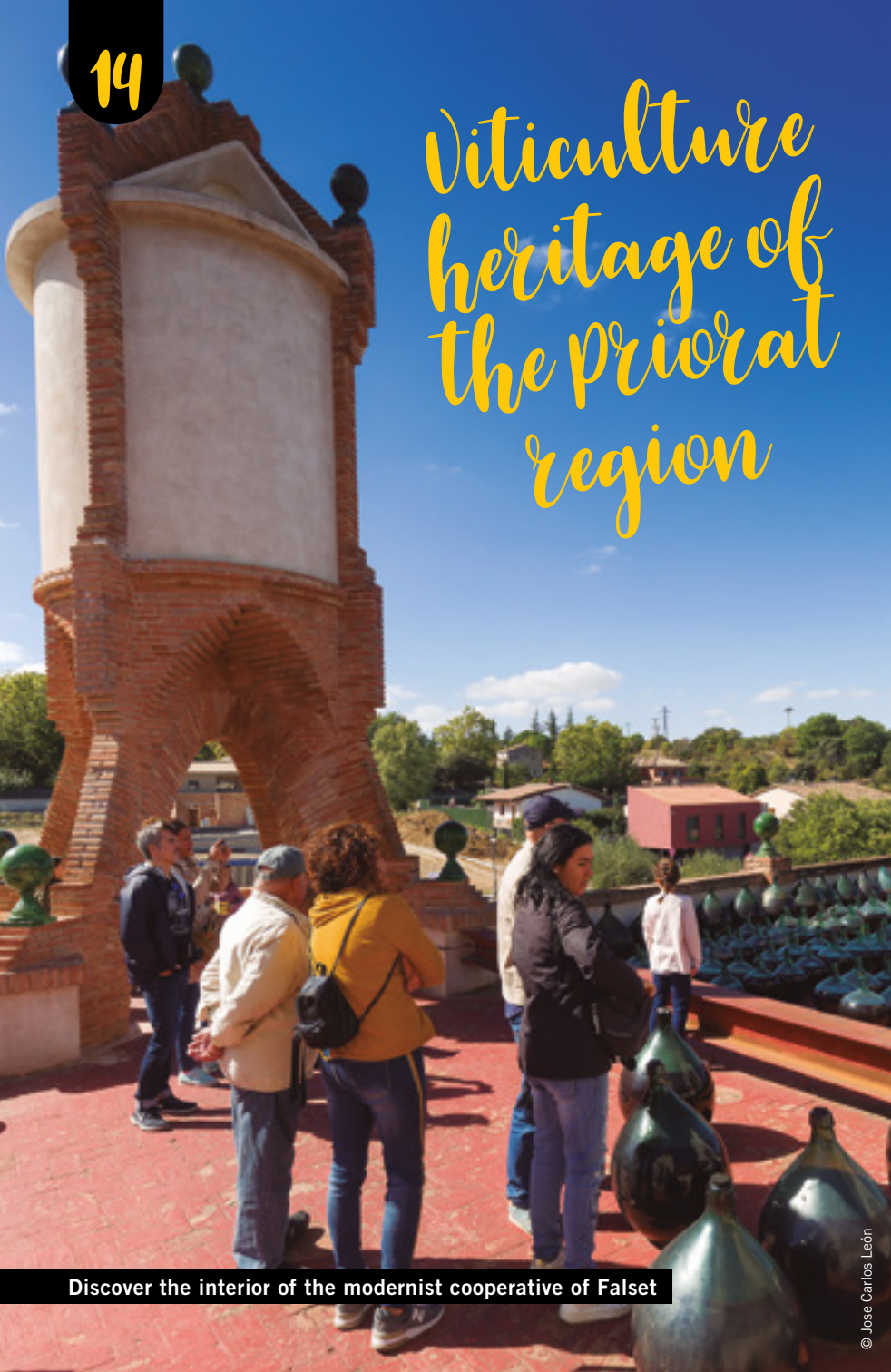


In Montblanc, the wall closes off a villa that is an architectural jewel of the Middle Ages. Churches and palaces are hidden among narrow streets full of history that you can admire, from a bird's eye view, as you walk along the wall's patrol path.



Santes Creus is one of the crown jewels. The monastery has two cloisters, the church, which is a royal pantheon, and a monastic complex that, since the confiscation, has been inhabited by the villagers.

Viticulture heritage of the Priorat region



Discover the interior of the modernist cooperative of Falset

© Jose Carlos León



The vineyard landscapes give way to a sea of olive trees in the Priorat region. The Molí de Margalef offers tastings and guided tours that must be booked one day in advance.



The mountains of the Parc Natural del Montsant, give you a thousand and one climbing routes. Enjoy a unique territory! And in Capçanes, visit the cave paintings declared a World Heritage Site.

24 hours

48 hours



In Priorat, the history of the vineyard is a thousand years old, and in Falset the cooperative opened its doors a little over a hundred years ago. Therefore, when you discover its past and the way they work, you will be able to do so following in the footsteps left by the modernist architect Cèsar Martinell.

In addition to wine, the Falset cooperative also produces vermouths, sweet wines and rancid wines. But Blai, an employee of the cooperative who is in charge of accompanying you during the theatrical visit to the winery, will explain this to you better. When you say goodbye, stop by the agro-shop where you will find a large selection of wines, oils and other products grown in Priorat.

And if your appetite has been whetted, in Falset you can taste the 'truita amb suc' (omelette in juice), one of the jewels of the traditional local and regional cuisine.



Did you know?

The typical Priorat grape varieties are Grenache and Cariñena



Discover and enjoy!



The richness of the soil and the climate of the Costa Daurada make it one of the territories with the most designations of origin (DO). Discover and enjoy its unique wines and cavas.

The footprint of Prehistory



Visits to the cave paintings can only be made with the guides of the Montblanc Tourist Office

24
hours

48
hours

72
hours



In Rojals, the highest village on the Costa Daurada, caves and shelters hide prehistoric cave jewels. They are animals and human representations painted some 10,000 years ago. Just getting to them is quite a discovery. The Montblanc Tourist Office offers guided routes to one of the most unique places in the Muntanyes de Prades.

The mountains of the Costa Daurada are a paradise to discover. We invite you to follow the trails and paths that link original villages such as Prades, known as the red city and which preserves unique walls from its medieval past. Escape also to Capafonts where the roads are rich in water, as this is where the springs of the river Brugent are born.

And don't forget to stop by Riudecanyes and visit Escornalbou Castle. Promoted by Alfonso I between the 12th and 13th centuries, throughout its history it has been inhabited by Augustinian and Franciscan monks, as well as by private individuals. From this place, which preserves the house of its last owner, Eduard Toda, you will enjoy an excellent viewpoint of the Costa Daurada.

Another recommended excursion is to the Riudecanyes reservoir. With more than a century of history, it is ideal for long walks.



Enjoy the experience!



Do you want to know how people lived in the Espluga de Francolí, a century ago? What tools did farmers use or what colour did a bride wear? Don't miss a visit to the Museu de la Vida Rural, an open door to life in the countryside. It will surprise you!



Walking along trails and paths that have been used for centuries. Stop at a winery to taste its wine. Experiencing a romantic getaway or savouring the most authentic indoor cuisine are some of the experiences we offer you in the Muntanyes de la Costa Daurada, an ideal destination to be enjoyed with the whole family.



The Coves de l'Espluga de Francolí served as a shelter for the first inhabitants of this territory. Your visit today is a walk through history, discovering the tools and archaeological finds that have taken place over the years.

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Nature and modernism



Expand this experience with **5 and 8**

Discover the inside of the Institut Pere Mata. It's fascinating!

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Monterols and Llovera streets or the alleys inside the Tomb of Ravals in Reus are a great commercial showcase, with shops located in historic modernist buildings. Shopping in Reus is a real pleasure!



If you want to follow the modernist legacy of the Costa Daurada, we suggest a getaway to L'Arboç. Only in Major Street can you delight and admire numerous properties with an impressive legacy.

24 hours

48 hours



“Originality consists in going back to the origin,” Gaudí said. For this reason, his passion for nature made the return to the origin go through the design of spectacular modernist jewels, where the natural essence was present in almost all his works.

In Reus, modernism is the DNA of the city. We invite you to take the modernist route and discover the façades of up to 29 buildings that preserve this artistic seal. The route will also take you to know a vital city, with a great commercial activity. If you want to complete the route, don't forget to visit the Institut Pere Mata, an open psychiatric hospital so that you can get to know the Pavelló dels Distingits, which the architect Lluís Domènech i Muntaner designed for the sick who belonged to the more affluent classes.

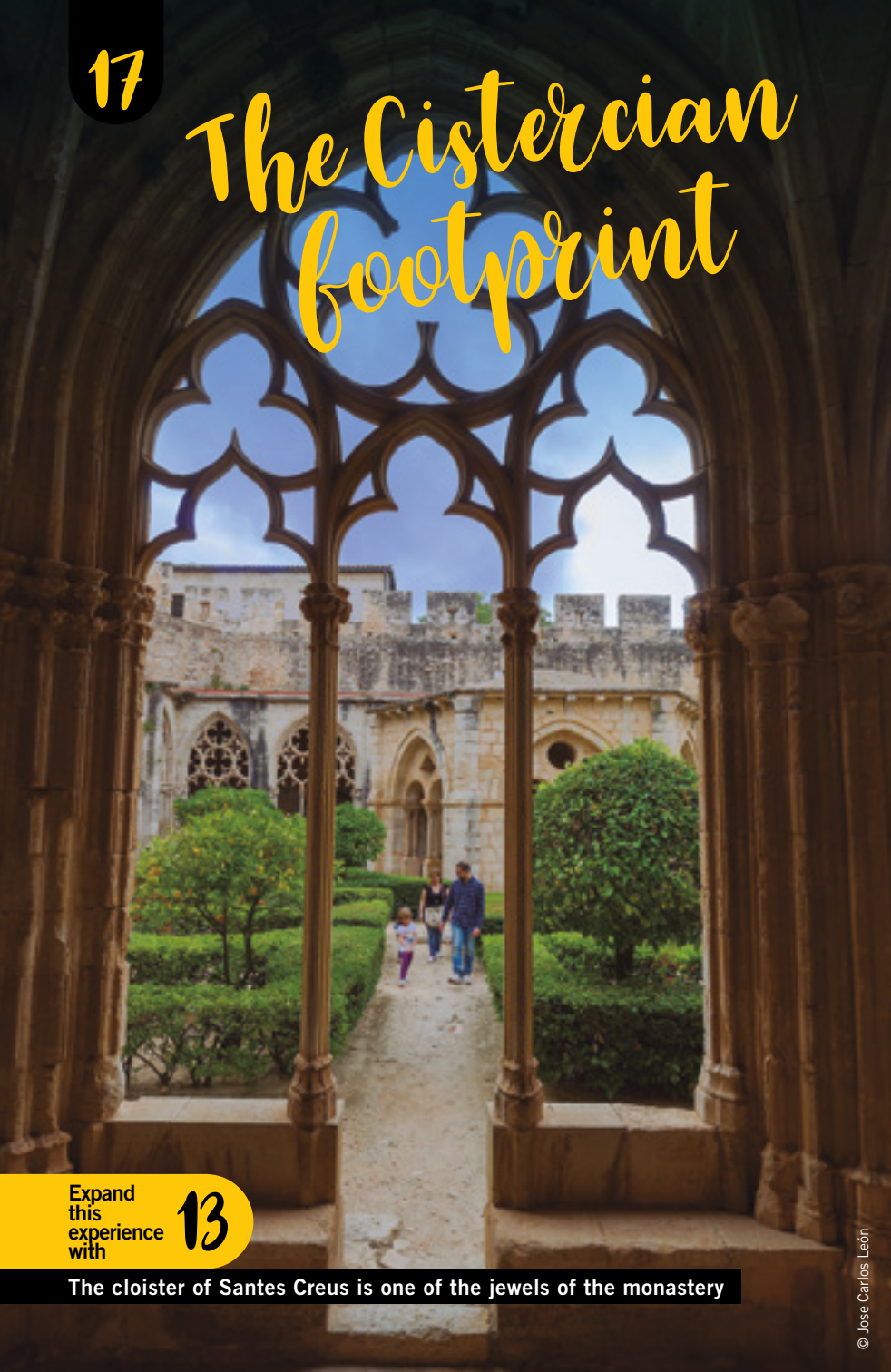
The Gaudí Centre, in Plaça Mercadal, is the best proposal to learn about the origins of modernism and understand what fascinated architects who wanted to create buildings as beautiful as nature itself.



Shall we have a vermouth?

In Reus, vermouth has a centuries-old tradition! Discover and taste it on the “Reus Vermouth Route”, a unique proposal during which you'll also learn about the history of the town.

The Cistercian footprint



Expand this experience with

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The cloister of Santes Creus is one of the jewels of the monastery

© Jose Carlos León



During the month of August, the sweet white onion is planted. This is the beginning of the second cycle of the crop that will give us the typical 'calçots' from November to April. Valls is the city where this gastronomic tradition was born which, year after year, gives you spectacular feasts.



Castells or human towers are excitement, tradition and culture! Come to Valls and discover human towers as you've never done seen them before by visiting the Castellor Museum of Catalonia, a cultural facility in which to experience this unique World Heritage tradition.

24 hours

48 hours



The monastery of Santes Creus was founded more than 850 years ago. It was first located in Valldaura, near Barcelona, and then in Aiguamúrcia, a few metres from the river Gaià, in the interior of the Costa Daurada. The final space chosen was a magical place, which captivated kings, abbots and also the nobles of the Middle Ages.

Santes Creus is a jewel. Its cloister was the first of Gothic style in the Crown of Aragon and for centuries it was inhabited by the Cistercian monks. After the disentailment in 1835, the monastery was left uninhabited. However, the houses in Plaça Bernat Calbó, historically the site of the inn and the monks' residence, was occupied by residents of Santes Creus. Don't forget to visit the temple, where the remains of monarchs such as Pere el Gran, Jaume II or Blanca d'Anjou rest.

And if you want to follow in the footsteps of the Cistercian monks, you can also go down to the *alameda*, which for centuries was a place of rest and meditation. Now it is a unique and protected natural space, with a large grove in which elms, poplars, chestnut trees, almond or banana trees share the same space. Some of them are up to thirty metres high!

And closer to the coast, we suggest an escape to Nulles, where you will find a beautiful modernist winery. The visit commemorates the exploits of the villagers, who came together a little over a century ago to turn the project of the architect César Martinell into a reality.

Since then it has rained a lot, but in Nulles they have continued to work with a lot of tenacity and care to produce some of the best cavas of the Costa Daurada as well as extraordinary white and red wines. You will be able to taste them while you discover this jewel of modernism, which was designed so that the aesthetics would be functional as well.

















Have you tried the "calçot" bread?

Jordi Gasque is the baker of Nulles. During the 'calçotades' period, he makes a calçot bread that is simply... spectacular! Also try their organic breads or chocolate bread with orange. They're delicious!





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